

## The Antidote Inside The World Of New Pharma

"Belonging has been a formative struggle for me. Like most people with marginalized identities, my experience has taught me that it's hard to be yourself and feel like you belong in a culture that is hostile to your existence. That's why my body of work as a scientist, author, professor, speaker, and advocate for body liberation always comes back to the impact of belonging or not belonging. Radical Belonging is my manifesto, helping us heal from the individual and collective trauma of injustice and support our transition from a culture of othering to one of belonging." —Lindo Bacon

Too many of us feel alienated from our bodies. This isn't your personal failing; it means that our culture is failing you. We are in the midst of a cultural moment. #MeToo. #BlackLivesMatter. #TransIsBeautiful. #AbleismExists. #EffYourBeautyStandards. Those of us who don't fit into the "mythical norm" (white, male, cisgender, able-bodied, slender, Christian, etc.)—which is to say, most of us—are demanding our basic right: To know that who we are matters. To belong. Being "othered" and the body shame it spurs is not "just" a feeling. Being erased and devalued impacts our ability to regulate our emotions, our relationships with others, our health and longevity, our finances, our ability to realize dreams, and whether we will be accepted, loved, or even safe. Radical Belonging is not a simple self-love treatise. Focusing only on self-love ignores the important fact that we have negative experiences because our culture has targeted certain bodies and people for abuse or alienation. For marginalized people, a focus on self-love can be a spoonful of sugar that makes the oppression go down. This groundbreaking book goes further, helping us to manage the challenges that stem from oppression and moving beyond self-love and into belonging. With Lindo Bacon's signature blend of science and storytelling, Radical Belonging addresses the political, sociological, psychological and biological underpinnings of your experiences, helping you understand that the alienation and pain you are experiencing is not personal, but human. The problem is in injustice, not you as an individual. So many of us feel wounded by a culture that has alienated us from our bodies and divided us from each other. Radical Belonging provides strategies to reckon with the trauma of injustice; reclaim yourself, body and soul; and rewire your nervous system to better cope within an unjust world. It also provides strategies to help us all provide refuge for one another and create a culture of equity and empathy, one that respects, includes, and benefits from all its diverse peoples. Whether you are transgender, queer, Black, Indigenous or a Person of Color, disabled, old, or fat—or your more closely resemble the "mythical norm"—Radical Belonging is your guidebook for creating a world where all bodies are valued and all of us belong—and for coping with this one, until we make that new world a reality.

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

A healing antidote to our divisive culture, full of evocative storytelling, spiritual wisdom, and nine essential daily practices—by the first female, Black senior minister at the historic Collegiate Churches of New York “Fierce Love teaches us that with spiritual faith we can transcend the darkest moments and come through stronger.”—Gabrielle

Bernstein, #1 New York Times bestselling author of *The Universe Has Your Back* We are living in a world divided. Race and ethnicity, caste and color, gender and sexuality, class and education, religion and political party have all become demographic labels that reduce our differences to simplistic categories in which “we” are vehemently against “them.” But Rev. Dr. Jacqui Lewis’s own experience—of being the first female and first Black minister in her church’s history, of being in an interracial marriage, and of making peace with childhood abuse—illustrates that our human capacity for empathy and forgiveness is the key to reversing these ugly trends. Inspired by the tenets of ubuntu—the Zulu philosophy that we are each impacted by the circumstances that impact those around us, and that the world won’t get better until we all get better—*Fierce Love* lays out the nine daily practices for breaking through tribalism and engineering the change we seek. From downsizing our emotional baggage to speaking truth to power to fueling our activism with joy, it demonstrates the power of small, morally courageous steps to heal our own lives, our posse, and our larger communities. Sharing stories that trace her personal reckoning with racism as well as the arc of her journey to an inclusive and service-driven faith, Dr. Lewis shows that kindness, compassion, and inclusive thinking are muscles that can be exercised and strengthened. With the goal of mending our inextricable human connection, *Fierce Love* is a manifesto for all generations: a bighearted, healing antidote to our rancorous culture.

"A 22-volume, highly illustrated, A-Z general encyclopedia for all ages, featuring sections on how to use World Book, other research aids, pronunciation key, a student guide to better writing, speaking, and research skills, and comprehensive index"--  
A vengeful Chinese cult murders an innocent American with jincan, a deadly Ming Dynasty poison. CIA agent Jake Chou and San Francisco writer Zoe Madison must find the antidote before they strike again. Zoe and Jake travel to modern-day Hong Kong in search of the answer, only to stumble through a portal that leads them back in time to Macau 1844, a lawless opium-fueled world. They seek the infamous pirate, Madame Ching, who once owned a painting that may hold the elusive antidote. But does she still have the scroll, or has she bartered it away? As the search for an antidote leads Zoe and Jake through battles on land and sea, they are drawn nearer to each other. But will their feelings of love and passion survive a return to the present? They won't know until they try. Action-packed and suspense-driven, *Jincan Antidote* is the latest time-travel novel by international bestselling author, Pamela B. Eglinski. Winner of the 2015 Los Angeles Times Book Prize for Current Interest. "I can't imagine a more important book for our time." —Sebastian Junger The world is blowing up. Every day a new blaze seems to ignite: the bloody implosion of Iraq and Syria; the East-West standoff in Ukraine; abducted schoolgirls in Nigeria. Is there some thread tying these frightening international security crises together? In a riveting account that weaves history with fast-moving reportage and insider accounts from the Afghanistan war, Sarah Chayes identifies the unexpected link: corruption. Since the late 1990s, corruption has reached such an extent that some governments resemble glorified criminal gangs, bent solely on their own enrichment. These kleptocrats drive indignant populations to extremes—ranging from revolution to militant puritanical religion. Chayes plunges readers into some of the most venal environments on earth and examines what emerges: Afghans returning to the Taliban, Egyptians overthrowing the Mubarak

government (but also redesigning Al-Qaeda), and Nigerians embracing both radical evangelical Christianity and the Islamist terror group Boko Haram. In many such places, rigid moral codes are put forth as an antidote to the collapse of public integrity. The pattern, moreover, pervades history. Through deep archival research, Chayes reveals that canonical political thinkers such as John Locke and Machiavelli, as well as the great medieval Islamic statesman Nizam al-Mulk, all named corruption as a threat to the realm. In a thrilling argument connecting the Protestant Reformation to the Arab Spring, *Thieves of State* presents a powerful new way to understand global extremism. And it makes a compelling case that we must confront corruption, for it is a cause—not a result—of global instability.

AN INSTANT NEW YORK TIMES BESTSELLER FINALIST FOR THE 2021

NATIONAL BOOK AWARD FOR FICTION “A relentless exhibition of Groff’s freakish talent. In just over 250 pages, she gives us a character study to rival Hilary Mantel’s

Thomas Cromwell .” – USA Today “An electric reimagining . . . feminist, sensual . . .

unforgettable.” – O, The Oprah Magazine “Thrilling and heartbreaking.” –Time

Magazine “[A] page-by-page pleasure as we soar with her.” –New York Times One of

our best American writers, Lauren Groff returns with her exhilarating first new novel since the groundbreaking *Fates and Furies*. Cast out of the royal court by Eleanor of Aquitaine, deemed too coarse and rough-hewn for marriage or courtly life, seventeen-year-old Marie de France is sent to England to be the new prioress of an impoverished abbey, its nuns on the brink of starvation and beset by disease. At first taken aback by the severity of her new life, Marie finds focus and love in collective life with her singular and mercurial sisters. In this crucible, Marie steadily supplants her desire for family, for her homeland, for the passions of her youth with something new to her: devotion to her sisters, and a conviction in her own divine visions. Marie, born the last in a long line of women warriors and crusaders, is determined to chart a bold new course for the women she now leads and protects. But in a world that is shifting and corroding in frightening ways, one that can never reconcile itself with her existence, will the sheer force of Marie’s vision be bulwark enough? Equally alive to the sacred and the profane, *Matrix* gathers currents of violence, sensuality, and religious ecstasy in a mesmerizing portrait of consuming passion, aberrant faith, and a woman that history moves both through and around. Lauren Groff’s new novel, her first since *Fates and Furies*, is a defiant and timely exploration of the raw power of female creativity in a corrupted world. In their international bestseller *Empire*, Michael Hardt and Antonio Negri presented a grand unified vision of a world in which the old forms of imperialism are no longer effective. But what of *Empire* in an age of “American empire”? Has fear become our permanent condition and democracy an impossible dream? Such pessimism is profoundly mistaken, the authors argue. *Empire*, by interconnecting more areas of life, is actually creating the possibility for a new kind of democracy, allowing different groups to form a multitude, with the power to forge a democratic alternative to the present world order. Exhilarating in its optimism and depth of insight, *Multitude* consolidates Hardt and Negri’s stature as two of the most important political philosophers at work in the world today.

For a half-century or more, black people have labored under the spell of what Jesse Lee Peterson calls the “alchemists.” These are the race hustlers, media hacks, politicians, community organizers, and the like who promise to

"fundamentally transform" America. The transformation they promise, however, produces only fool's gold--unearned benefits like welfare, food stamps, subsidized housing, payouts from lawsuits, and maybe one day even "reparations." Worse, to secure these counterfeit goods, recipients have to sacrifice something of infinite value: the sanctity of the two-parent family. It is a devil's bargain. In *The Antidote: Healing America from The Poison of Hate, Blame, and Victimhood*, Reverend Jesse Lee Peterson explains that this noxious, blaming mind-set has destroyed the black family, magnified racial tensions, pitted women against men, and quashed a sense of paternal responsibility--which in essence has killed the soul of the black community. The antidote to this poison has the power to save America and can be found inside this book. Now is the time to reject the culture of blame and find the antidote--it can save your life, your family, and your future.

Using inside sources and extensive field reporting about the secretive, high-stakes world of international diplomacy, Vatican reporter Victor Gaetan takes readers to the Holy See to explicate Pope Francis's diplomacy, show why it works, and to offer readers a startling contrast to the dangerous inadequacies of recent U.S. international decisions.

The companion volume to *12 Rules for Life* offers further guidance on the perilous path of modern life. In *12 Rules for Life*, clinical psychologist and celebrated professor at Harvard and the University of Toronto Dr. Jordan B. Peterson helped millions of readers impose order on the chaos of their lives. Now, in this bold sequel, Peterson delivers twelve more lifesaving principles for resisting the exhausting toll that our desire to order the world inevitably takes. In a time when the human will increasingly imposes itself over every sphere of life—from our social structures to our emotional states—Peterson warns that too much security is dangerous. What's more, he offers strategies for overcoming the cultural, scientific, and psychological forces causing us to tend toward tyranny, and teaches us how to rely instead on our instinct to find meaning and purpose, even—and especially—when we find ourselves powerless. While chaos, in excess, threatens us with instability and anxiety, unchecked order can petrify us into submission. *Beyond Order* provides a call to balance these two fundamental principles of reality itself, and guides us along the straight and narrow path that divides them.

INSTANT NEW YORK TIMES BESTSELLER "One of the most important books I've ever read—an indispensable guide to thinking clearly about the world." – Bill Gates "Hans Rosling tells the story of 'the secret silent miracle of human progress' as only he can. But *Factfulness* does much more than that. It also explains why progress is so often secret and silent and teaches readers how to see it clearly." —Melinda Gates "*Factfulness* by Hans Rosling, an outstanding international public health expert, is a hopeful book about the potential for human progress when we work off facts rather than our inherent biases." - Former U.S. President Barack Obama *Factfulness: The stress-reducing habit of only carrying*

opinions for which you have strong supporting facts. When asked simple questions about global trends—what percentage of the world’s population live in poverty; why the world’s population is increasing; how many girls finish school—we systematically get the answers wrong. So wrong that a chimpanzee choosing answers at random will consistently outguess teachers, journalists, Nobel laureates, and investment bankers. In *Factfulness*, Professor of International Health and global TED phenomenon Hans Rosling, together with his two long-time collaborators, Anna and Ola, offers a radical new explanation of why this happens. They reveal the ten instincts that distort our perspective—from our tendency to divide the world into two camps (usually some version of us and them) to the way we consume media (where fear rules) to how we perceive progress (believing that most things are getting worse). Our problem is that we don’t know what we don’t know, and even our guesses are informed by unconscious and predictable biases. It turns out that the world, for all its imperfections, is in a much better state than we might think. That doesn’t mean there aren’t real concerns. But when we worry about everything all the time instead of embracing a worldview based on facts, we can lose our ability to focus on the things that threaten us most. Inspiring and revelatory, filled with lively anecdotes and moving stories, *Factfulness* is an urgent and essential book that will change the way you see the world and empower you to respond to the crises and opportunities of the future. --- “This book is my last battle in my life-long mission to fight devastating ignorance...Previously I armed myself with huge data sets, eye-opening software, an energetic learning style and a Swedish bayonet for sword-swallowing. It wasn’t enough. But I hope this book will be.” Hans Rosling, February 2017.

An impeccable, epicurean Englishman and lifelong Francophile recounts his past pleasures in Provence, in a meditation on food, vodka, and restaurant-going that becomes a dark satire on hedonism, in a critically acclaimed novel by the former restaurant critic of the *London Observer*. Reprint.

Describes the management paradigm shift required for companies needing speed, agility, quality, innovation and perpetual growth to survive in the 21st Century.

Tiersky lays out a simple but detailed five step methodology that any company can follow to align their teams around a vision for the customer experience that will maximize their competitiveness in the market, identify the quick wins that will help them out of the gate, and ultimately drive the transformation needed to bring their company into alignment with today's digital world.

Twelve-year-old Alex Revelstoke is different. He can see disease. Also injury, illness, and anything else wrong with the body. This comes in handy when a classmate chokes on a hot dog or when the janitor suffers a heart attack unclogging a gooey science experiment gone awry. But Alex soon learns his new ability puts him and an unsuspecting world in peril. Throughout time, Revelstokes have waged a battle against ancient evil itself. A man, a being, an essence—the

creator of disease. Alex has seen its darkness. He has felt its strength. He does not want to fight. But Alex is the last Revelstoke. The war has just begun.

As plague ravages the overcrowded Earth, observed by a ruthless lunar people, Cinder, a gifted mechanic and cyborg, becomes involved with handsome Prince Kai and must uncover secrets about her past in order to protect the world in this futuristic take on the Cinderella story. In search of answers and action, the award-winning poet and essayist Lisa Wells brings us *Believers*, introducing trailblazers and outliers from across the globe who have found radically new ways to live and reconnect to the Earth in the face of climate change. We find ourselves at the end of the world. How, then, shall we live? Like most of us, Lisa Wells has spent years overwhelmed by increasingly urgent news of climate change on an apocalyptic scale. She did not need to be convinced of the stakes, but she could not find practical answers. She embarked on a pilgrimage, seeking wisdom and paths to action from outliers and visionaries, pragmatists and iconoclasts. *Believers* tracks through the lives of these people who are dedicated to repairing the earth and seemingly undaunted by the task ahead. Wells meets an itinerant gardener and misanthrope leading a group of nomadic activists in rewilding the American desert. She finds a group of environmentalist Christians practicing “watershed discipleship” in New Mexico and another group in Philadelphia turning the tools of violence into tools of farming—guns into ploughshares. She watches the world’s greatest tracker teach others how to read a trail, and visits botanists who are restoring land overrun by invasive species and destructive humans. She talks with survivors of catastrophic wildfires in California as they try to rebuild in ways that acknowledge the fires will come again. Through empathic, critical portraits, Wells shows that these trailblazers are not so far beyond the rest of us. They have had the same realization, have accepted that we are living through a global catastrophe, but are trying to answer the next question: How do you make a life at the end of the world? Through this miraculous commingling of acceptance and activism, this focus on seeing clearly and moving forward, Wells is able to take the devastating news facing us all, every day, and inject a possibility of real hope. *Believers* demands transformation. It will change how you think about your own actions, about how you can still make an impact, and about how we might yet reckon with our inheritance.

“Blazingly original, wry, and perfectly attuned to the oddness—and the profundity—of life” (Cristina Henríquez), Claire Luchette’s debut, *Agatha of Little Neon*, is a novel about yearning and sisterhood, figuring out how you fit in (or don’t), and the unexpected friends who help you find your truest self. Agatha has lived every day of the last nine years with her sisters: they work together, laugh together, pray together. Their world is contained within the little house they share. The four of them are devoted to Mother Roberta and to their quiet, purposeful life. But when the parish goes broke, the sisters are forced to move. They land in Woonsocket, a former mill town now dotted with wind turbines. They take over the care of a halfway house, where they live alongside their charges, such as the jawless Tim Gary and the headstrong Lawnmower Jill. Agatha is forced to venture out into the world alone to teach math at a local all-girls high school, where for the first time in years she has to reckon all on her own with what she sees and feels. Who will she be if she isn’t with her sisters? These women, the church, have been her home. Or has she just been hiding? Disarming, delightfully deadpan, and full of searching, Claire Luchette’s *Agatha of Little Neon* offers a view into the lives of women and the choices they make.

**\*\* A New York Times Bestseller \*\* NAMED ONE OF THE BEST BOOKS OF THE YEAR BY:** Time • The New Yorker • NPR • GQ • Elle • Vulture • Fortune • Boing Boing • The Irish Times • The New York Public Library • The Brooklyn Public Library “A complex, smart and ambitious book that at first reads like a self-help manual, then blossoms into a wide-ranging political manifesto.”—Jonah Engel Bromwich, The New York Times Book Review One of President Barack Obama’s “Favorite Books of 2019” Porchlight’s Personal Development &

Human Behavior Book of the Year In a world where addictive technology is designed to buy and sell our attention, and our value is determined by our 24/7 data productivity, it can seem impossible to escape. But in this inspiring field guide to dropping out of the attention economy, artist and critic Jenny Odell shows us how we can still win back our lives. Odell sees our attention as the most precious—and overdrawn—resource we have. And we must actively and continuously choose how we use it. We might not spend it on things that capitalism has deemed important ... but once we can start paying a new kind of attention, she writes, we can undertake bolder forms of political action, reimagine humankind's role in the environment, and arrive at more meaningful understandings of happiness and progress. Far from the simple anti-technology screed, or the back-to-nature meditation we read so often, *How to do Nothing* is an action plan for thinking outside of capitalist narratives of efficiency and techno-determinism. Provocative, timely, and utterly persuasive, this book will change how you see your place in our world.

Join journalist Barry Werth as he pulls back the curtain on Vertex, a start-up pharmaceutical company, and witness firsthand the intense drama being played out in the pioneering and hugely profitable field of drug research. Founded by Joshua Boger, a dynamic Harvard- and Merck-trained scientific whiz kid, Vertex is dedicated to designing -- atom by atom -- both a new life-saving immunosuppressant drug, and a drug to combat the virus that causes AIDS. You will be hooked from start to finish, as you go from the labs, where obsessive, fiercely competitive scientists struggle for a breakthrough, to Wall Street, where the wheeling and dealing takes on a life of its own, as Boger courts investors and finally decides to take Vertex public. Here is a fascinating no-holds-barred account of the business of science, which includes an updated epilogue about the most recent developments in the quest for a drug to cure AIDS.

What can you learn from a Silicon Valley legend and a pantheon of iconic leaders? The key to scaling a successful business isn't talent, network, or strategy. It's an entrepreneurial mindset—and that mindset can be cultivated. "If you're scaling a company—or if you just love a well-told story—this is a book to savor."—Robert Iger, #1 New York Times bestselling author of *The Ride of a Lifetime* Behind the scenes in Silicon Valley, Reid Hoffman (founder of LinkedIn, investor at Greylock) is a sought-after adviser to heads of companies and heads of state. On each episode of his podcast, *Masters of Scale*, he sits down with a guest from an all-star list of visionary founders and leaders, digging into the surprising strategies that power their company's growth. In this book, he draws on their most riveting, revealing stories—as well as his own experience as a founder and investor—to distill the secrets behind the most extraordinary success stories of our times. Here, Hoffman teams up with *Masters of Scale*'s executive producers to offer a rare window into the entrepreneurial mind, sharing hard-won wisdom from leaders of iconic companies (including Apple, Nike, Netflix, Spotify, Starbucks, Google, Instagram, and Microsoft) as well as the bold, disruptive startups (such as 23andMe, TaskRabbit, Black List, and Walker & Co.) that are solving the problems of the twenty-first century. Through vivid storytelling and incisive analysis, *Masters of Scale* distills their collective insights into a set of counterintuitive principles that anyone can use. How do you find a winning idea and turn it into a scalable venture? What can you learn from a "squirmy no"? When should you stop listening to your customers? Which fires should you put out right away, and which should you let burn? And can you really make money while making the world a better place? (Answer: Yes. But you have to keep your profits and values aligned.) Based on more than a hundred interviews and including a wealth of new material never aired on the podcast, this unique insider's guide will inspire you to reimagine how you do business today.

The Antidote Inside the World of New Pharma Simon and Schuster

An intrepid voyage out to the frontiers of the latest thinking about love, language, and family Maggie Nelson's *The Argonauts* is a genre-bending memoir, a work of "autotheory" offering

fresh, fierce, and timely thinking about desire, identity, and the limitations and possibilities of love and language. It binds an account of Nelson's relationship with her partner and a journey to and through a pregnancy to a rigorous exploration of sexuality, gender, and "family." An insistence on radical individual freedom and the value of caretaking becomes the rallying cry for this thoughtful, unabashed, uncompromising book.

Documents the story of maverick pharmaceutical company Vertex and a small team of entrepreneurial scientists who after dissociating themselves from Merck endeavored to create breakthrough medicines and transform the pharmaceutical industry. By the award-winning author of *The Billion-Dollar Molecule*.

In this timely and much praised book, Barry Werth draws upon inside reporting that spans more than two decades. He provides a groundbreaking close-up of the upstart pharmaceutical company Vertex and the ferocious but indispensable world of Big Pharma that it inhabits. In 1989, the charismatic Joshua Boger left Merck, then America's most admired business, to found a drug company that would challenge industry giants and transform health care. Werth described the company's tumultuous early days during the AIDS crisis in *The Billion-Dollar Molecule*, a celebrated classic of science and business journalism. Now he returns to tell a riveting story of Vertex's bold endurance and eventual success. The \$325 billion-a-year pharmaceutical business is America's toughest and one of its most profitable. It's riskier and more rigorous at just about every stage than any other business, from the towering biological uncertainties inherent in its mission to treat disease; to the 30-to-1 failure rate in bringing out a successful medicine even after a molecule clears all the hurdles to get to human testing; to the multibillion-dollar cost of ramping up a successful product; to operating in the world's most regulated industry, matched only by nuclear power. Werth captures the full scope of Vertex's twenty-five-year drive to deliver breakthrough medicines. At a time when America struggles to maintain its innovative edge, *The Antidote* is a powerful inside look at one of the most intriguing and important business stories of recent decades.

It's widely accepted that Transcendental Meditation (TM) can create peace for the individual, but can it create peace in society as a whole? And if it can, what could possibly be the mechanism? In *An Antidote to Violence* Barry Spivack and Patricia Saunders examine the peer-reviewed research and suggest that TM can influence the collective consciousness of a society which leads to a decrease in negative social trends, such as a decline in war fatalities, and to an increase in cooperation between nations. Weaving together psychology, sociology, philosophy, statistics, politics, physics and meditation, *An Antidote to Violence* provides evidence that we have the knowledge to reduce all kinds of violence in society.

"An evocative new novel set in the medical world about how far one woman will go to save a friendship from acclaimed author and former ER doctor Kimmery Martin. Urologist Georgia Brown's sense of self-preservation is kicked into high gear after she's sexually harassed by a male surgeon at her medical clinic, but her outrage grows when her best doctor friend, Jonah, is dismissed for treating transgender patients. After traveling to Amsterdam to attend a medical conference, Georgia concocts a plan to persuade the board to reverse their decision about Jonah. But when her scheme to teach the hospital administration an important lesson begins to spiral out of control, Georgia worries she's caused more harm than good. After a medical crisis involving one of her friends, she learns that love and friendship are the antidotes for all the ills in her life"--

In Corey Van Landingham's *Antidote*, love equates with disease, valediction is a contact sport, the moon is a lunatic, and someone is always watching. Here the uncanny co-exists with the personal, so that each poem undergoes making and unmaking, is birthed and bound in an acute strangeness. Wild and surreal, driven by loss, *Antidote* invites both the beautiful and the brutal into its arms, allowing for shocking declarations about love: that it is like hibernation, a car crash, or a parasite. It soon becomes clear that there is no antidote for grief or heartbreak,

that love can, at times, feel like violence, and that one may never get better at saying goodbye. "In this how-to book, Rob Breznsny builds a case for 'cagey optimism,' a perspective which engages rather than represses difficulty and views the universe as inherently friendly"--Provided by publisher.

"This book comes at just the right moment. It is NOT too late if we get together and take action, NOW." —Jane Goodall Fears about climate change are fueling an epidemic of despair across the world: adults worry about their children's future; thirty-somethings question whether they should have kids or not; and many young people honestly believe they have no future at all. In the face of extreme eco-anxiety, scholar and award-winning author Elin Kelsey argues that our hopelessness—while an understandable reaction—is hampering our ability to address the very real problems we face. Kelsey offers a powerful solution: hope itself. Hope Matters boldly breaks through the narrative of doom and gloom to show why evidence-based hope, not fear, is our most powerful tool for change. Kelsey shares real-life examples of positive climate news that reveal the power of our mindsets to shape reality, the resilience of nature, and the transformative possibilities of individual and collective action. And she demonstrates how we can build on positive trends to work toward a sustainable and just future, before it's too late. Praise for Hope Matters "Whether you consider yourself a passionate ally of nature, a busy bystander, or anything in between, this book will uplift your spirits, helping you find hope in the face of climate crisis." —Veronica Joyce Lin, North American Association for Environmental Education "30 Under 30" "A tonic in hard times." —Claudia Dreyguis, author of Scientific Conversations: Interviews on Science from the New York Times "Beautifully written and an effective antidote against apathy and inaction." —Christof Mauch, Director, Rachel Carson Center for the Environment and Society Published in Partnership with the David Suzuki Institute.

The USA TODAY bestseller is now in paperback with a new chapter on Global Warming! This all-encompassing guide to skeptical thinking from podcast host and academic neurologist at Yale University School of Medicine Steven Novella and his SGU co-hosts, which Richard Wiseman calls "the perfect primer for anyone who wants to separate fact from fiction." It is intimidating to realize that we live in a world overflowing with misinformation, bias, myths, deception, and flawed knowledge. There really are no ultimate authority figures—no one has the secret, and there is no place to look up the definitive answers to our questions (not even Google). Luckily, THE SKEPTICS' GUIDE TO THE UNIVERSE is your map through this maze of modern life. Here Dr. Steven Novella—along with Bob Novella, Cara Santa Maria, Jay Novella, and Evan Bernstein—will explain the tenets of skeptical thinking and debunk some of the biggest scientific myths, fallacies, and conspiracy theories—from anti-vaccines to homeopathy, UFO sightings to N-rays. You'll learn the difference between science and pseudoscience, essential critical thinking skills, ways to discuss conspiracy theories with that crazy co-worker of yours, and how to combat sloppy reasoning, bad arguments, and superstitious thinking. So are you ready to join them on an epic scientific quest, one that has taken us from huddling in dark caves to setting foot on the moon? (Yes, we really did that.) DON'T PANIC! With THE SKEPTICS' GUIDE TO THE UNIVERSE, we can do this together. "Thorough, informative, and enlightening, The Skeptic's Guide to the Universe inoculates you against the frailties and shortcomings of human cognition. If this book does not become required reading for us all, we may well see modern civilization unravel before our eyes."--Neil deGrasse Tyson "In this age of real and fake information, your ability to reason, to think in scientifically skeptical fashion, is the most important skill you can have. Read The Skeptics' Guide Universe; get better at reasoning. And if this claim about the importance of reason is wrong, The Skeptics' Guide will help you figure that out, too." --Bill Nye

The surprising, behind-the-scenes story of how our medicines are discovered, told by a veteran drug hunter. The search to find medicines is as old as disease, which is to say as old

as the human race. Through serendipity— by chewing, brewing, and snorting—some Neolithic souls discovered opium, alcohol, snakeroot, juniper, frankincense, and other helpful substances. Ötzi the Iceman, the five-thousand-year-old hunter frozen in the Italian Alps, was found to have whipworms in his intestines and Bronze-age medicine, a worm-killing birch fungus, knotted to his leggings. Nowadays, Big Pharma conglomerates spend billions of dollars on state-of the art laboratories staffed by PhDs to discover blockbuster drugs. Yet, despite our best efforts to engineer cures, luck, trial-and-error, risk, and ingenuity are still fundamental to medical discovery. The Drug Hunters is a colorful, fact-filled narrative history of the search for new medicines from our Neolithic forebears to the professionals of today, and from quinine and aspirin to Viagra, Prozac, and Lipitor. The chapters offer a lively tour of how new drugs are actually found, the discovery strategies, the mistakes, and the rare successes. Dr. Donald R. Kirsch infuses the book with his own expertise and experiences from thirty-five years of drug hunting, whether searching for life-saving molecules in mudflats by Chesapeake Bay or as a chief science officer and research group leader at major pharmaceutical companies.

One of O, The Oprah Magazine's Ten Best Books of the Year The New York Times bestselling collection of essays from beloved poet, Mary Oliver. "There's hardly a page in my copy of Upstream that isn't folded down or underlined and scribbled on, so charged is Oliver's language . . ." —Maureen Corrigan, NPR's Fresh Air "Uniting essays from Oliver's previous books and elsewhere, this gem of a collection offers a compelling synthesis of the poet's thoughts on the natural, spiritual and artistic worlds . . ." —The New York Times "In the beginning I was so young and such a stranger to myself I hardly existed. I had to go out into the world and see it and hear it and react to it, before I knew at all who I was, what I was, what I wanted to be." So begins Upstream, a collection of essays in which revered poet Mary Oliver reflects on her willingness, as a young child and as an adult, to lose herself within the beauty and mysteries of both the natural world and the world of literature. Emphasizing the significance of her childhood "friend" Walt Whitman, through whose work she first understood that a poem is a temple, "a place to enter, and in which to feel," and who encouraged her to vanish into the world of her writing, Oliver meditates on the forces that allowed her to create a life for herself out of work and love. As she writes, "I could not be a poet without the natural world. Someone else could. But not me. For me the door to the woods is the door to the temple." Upstream follows Oliver as she contemplates the pleasure of artistic labor, her boundless curiosity for the flora and fauna that surround her, and the responsibility she has inherited from Shelley, Wordsworth, Emerson, Poe, and Frost, the great thinkers and writers of the past, to live thoughtfully, intelligently, and to observe with passion. Throughout this collection, Oliver positions not just herself upstream but us as well as she encourages us all to keep moving, to lose ourselves in the awe of the unknown, and to give power and time to the creative and whimsical urges that live within us.

Society and democracy are ever threatened by the fall of fact. Rigorous analysis of facts, the hard boundary between truth and opinion, and fidelity to reputable sources of factual information are all in alarming decline. A 2018 report published by the RAND Corporation labeled this problem "truth decay" and Andrew J. Hoffman lays the challenge of fixing it at the door of the academy. But, as he points out, academia is prevented from carrying this out due to its own existential crisis—a crisis of relevance. Scholarship rarely moves very far beyond the walls of the academy and is certainly not accessing the primarily civic spaces it needs to reach in order to mitigate truth corruption. In this brief but compelling book, Hoffman draws upon existing literature and personal experience to bring attention to the problem of academic insularity—where it comes from and where, if left to grow unchecked, it will go—and argues for the emergence of a more publicly and politically engaged scholar. This book is a call to make that path toward public engagement more acceptable and legitimate for those who do it; to enlarge the tent to be inclusive of multiple ways that one enacts the role of academic scholar in

today's world.

What if you knew exactly when you'd die? The first book of *The Chemical Garden Trilogy*. By age sixteen, Rhine Ellery has four years left to live. A botched effort to create a perfect race has left all males born with a lifespan of 25 years, and females a lifespan of 20 years—leaving the world in a state of panic. Geneticists seek a miracle antidote to restore the human race, desperate orphans crowd the population, crime and poverty have skyrocketed, and young girls are being kidnapped and sold as polygamous brides to bear more children. When Rhine is sold as a bride, she vows to do all she can to escape. Yet her husband, Linden, is hopelessly in love with her, and Rhine can't bring herself to hate him as much as she'd like to. He opens her to a magical world of wealth and illusion she never thought existed, and it almost makes it possible to ignore the clock ticking away her short life. But Rhine quickly learns that not everything in her new husband's strange world is what it seems. Her father-in-law, an eccentric doctor bent on finding the antidote, is hoarding corpses in the basement; her fellow sister wives are to be trusted one day and feared the next; and Rhine has no way to communicate to her twin brother that she is safe and alive. Together with one of Linden's servants, Gabriel, Rhine attempts to escape just before her seventeenth birthday. But in a world that continues to spiral into anarchy, is there any hope for freedom?

From the author of *The Freemason's Daughter* comes a lush romantic fantasy perfect for fans of *Everless!* In the world of healers, there is no room for magic. Fee knows this, just as certainly as she knows that her magic must be kept secret. But the crown prince Xavi, Fee's best friend and only source of comfort, is sick. So sick, that Fee can barely contain the magic lying dormant inside her. She could use it, just a little, to heal him. But magic comes at a deadly cost—and attracts those who would seek to snuff it out forever. A wisp of a spell later, Fee finds herself caught in a whirl of secret motivations and dark pasts, where no one is who—or what—they appear to be. And saving her best friend means delving deeper into the tempting and treacherous world whose call she's long resisted—uncovering a secret that will change everything. Laini Taylor meets Sara Holland in this lavish fantasy from lauded historical romance author Shelley Sackier!

From the acclaimed Booker Prize-winning author comes a dazzling novel of family, love and love's disappointments Anna's aged mother is dying. Condemned by her children's pity to living, subjected to increasingly desperate medical interventions, she turns her focus to her hospital window, through which she escapes into visions of horror and delight. When Anna's finger vanishes and a few months later her knee disappears, Anna too feels the pull of the window. She begins to see that all around her, others are similarly vanishing, yet no one else notices. All Anna can do is keep her mother alive. But the window keeps opening wider, taking Anna and the reader ever deeper into an eerily beautiful story of grief and possibility, of loss and love and orange-bellied parrots. Hailed on publication in Australia as Richard Flanagan's greatest novel yet, *The Living Sea of Waking Dreams* is a rising ember storm illuminating what remains when the inferno beckons: one part elegy, one part dream, one part hope.

"Todd Doughty is one of the happiest people on the planet. He finds things big and small that make us smile, and in this wonderful book he shares them with a world he cherishes."—John Grisham "A poetic, sparkling gem you'll want to pick up every time you need a smile. It's the ultimate compendium of joy."—Kevin Kwan An enchanting collection of lists, musings, prompts, and illustrations that will inspire you to cherish all of the things--from the extraordinary to the everyday, from the big to the little--that bring hope into our lives On March 11, 2020, the day the World Health Organization declared the coronavirus a global pandemic and all of our lives began to change in unprecedented ways, Todd Doughty knew he needed to do something to help him stay connected to the everyday joys of daily life. So he wrote down a list of things that make him happy: The musical intro to "All Things Considered." Someone forgiving you. Someone believing in you. Your foot sticking out from under a blanket in order to find the cool

spot. Freshly cut yellow tulips. A really good burger. Many, many lists later, Little Pieces of Hope pulls together the best of Doughty's lists along with never-before-seen entries, essays, musings, prompts, quotes, and playlists that offer solace, connection, and a daily touchstone of joy in a difficult world. A beautiful keepsake full of gorgeous illustrations, Little Pieces of Hope is brimming with the pleasures of life, inspiring readers to look for and celebrate the good things that surround us.

Self-help books don't seem to work. Few of the many advantages of modern life seem capable of lifting our collective mood. Wealth—even if you can get it—doesn't necessarily lead to happiness. Romance, family life, and work often bring as much stress as joy. We can't even agree on what "happiness" means. So are we engaged in a futile pursuit? Or are we just going about it the wrong way? Looking both east and west, in bulletins from the past and from far afield, Oliver Burkeman introduces us to an unusual group of people who share a single, surprising way of thinking about life. Whether experimental psychologists, terrorism experts, Buddhists, hardheaded business consultants, Greek philosophers, or modern-day gurus, they argue that in our personal lives, and in society at large, it's our constant effort to be happy that is making us miserable. And that there is an alternative path to happiness and success that involves embracing failure, pessimism, insecurity, and uncertainty—the very things we spend our lives trying to avoid. Thought-provoking, counterintuitive, and ultimately uplifting, The Antidote is the intelligent person's guide to understanding the much-misunderstood idea of happiness.

[Copyright: aac05b5314ac8b4d6f7ebcc9d4628f7c](https://www.aac05b5314ac8b4d6f7ebcc9d4628f7c)