

Ford Focus Engine Repair

All engines are covered in full detail in this Workbench series rebuild volume. Included are step-by-step heavily illustrated instructions, that walk you through the entire process of rebuilding your Ford engine. If you want to breathe new life into your tired old Ford engine, this is the book for you.

The Ford FE (Ford Edsel) engine is one of the most popular engines Ford ever produced, and it powered most Ford and Mercury cars and trucks from the late 1950s to the mid-1970s. For many of the later years, FE engines were used primarily in truck applications. However, the FE engine is experiencing a renaissance; it is now popular in high-performance street, strip, muscle cars, and even high-performance trucks. While high-performance build-up principles and techniques are discussed for all engines, author Barry Raboutnick focuses on the max-performance build-up for the most popular engines: the 390 and 428. With the high-performance revival for FE engines, a variety of builds are being performed from stock blocks with mild head and cam work to complete aftermarket engines with aluminum blocks, high-flow heads, and aggressive roller cams. How to Build Max-Performance Ford FE Engines shows you how to select the ideal pistons, connecting rods, and crankshafts to achieve horsepower requirements for all applications. The chapter on blocks discusses the strengths and weaknesses of each particular block considered. The book also examines head, valvetrain, and cam options that are best suited for individual performance goals. Also covered are the best-flowing heads, rocker-arm options, lifters, and pushrods. In addition, this volume covers port sizing, cam lift, and the best rocker-arm geometry. The FE engines are an excellent platform for stroking, and this book provides an insightful, easy-to-follow approach for selecting the right crank, connecting rods, pistons, and making the necessary block modifications. This is the book that Ford FE fans have been looking for.

Auto Repair For Dummies, 2nd Edition (9781119543619) was previously published as Auto Repair For Dummies, 2nd Edition (9780764599026). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product. The top-selling auto repair guide--400,000 copies sold--now extensively reorganized and updated Forty-eight percent of U.S. households perform at least some automobile maintenance on their own, with women now accounting for one third of this \$34 billion automotive do-it-yourself market. For new or would-be do-it-yourself mechanics, this illustrated how-to guide has long been a must and now it's even better. A complete reorganization now puts relevant repair and maintenance information directly after each automotive system overview, making it much easier to find hands-on fix-it instructions. Author Deanna Sclar has updated systems and repair information throughout, eliminating discussions of carburetors and adding coverage of hybrid and alternative fuel vehicles. She's also revised schedules for tune-ups and oil changes, included driving tips that can save on maintenance and repair costs, and added new advice on troubleshooting problems and determining when to call in a professional mechanic. For anyone who wants to save money on car repairs and maintenance, this book is the place to start. Deanna Sclar (Long Beach, CA), an acclaimed auto repair expert and consumer advocate, has contributed to the Los Angeles Times and has been interviewed on the Today show, NBC Nightly News, and other television programs.

In the old days all a person needed to build a killer custom motorcycle was a bike, a set of tools, a little know-how, and a creative vision. But with the rise of the high-dollar, haute moteur Gucci choppers, the true custom bike has gotten out of most riders' reach, right? Dead wrong. In this book Jose de Miguel, a custom builder from way back, sets out to prove that those good old days never ended. In the clearest and simplest terms, he shows readers how they can turn odds and ends found around the shop into one-off motorcycle parts--and make a cheap, run-of-the mill custom build into a drop-dead show stopper. Following de Miguel's lead, along with his straightforward illustrations, any resourceful owner with rudimentary mechanical skills, a basic tool kit, and--most importantly--a modicum of imagination can build the bobber of his dreams for less than the price of a new bike.

Hatchback, including special/limited editions. Does NOT cover features specific to Dune models, or facelifted Polo range introduced June 2005. Petrol: 1.2 litre (1198cc) 3-cyl & 1.4 litre (1390cc, non-FSI) 4-cyl. Does NOT cover 1.4 litre FSI engines. Diesel: 1.4 litre (1422cc) 3-cyl & 1.9 litre (1896cc) 4-cyl, inc. PD TDI / turbo.

Engine Repair, published as part of the CDX Master Automotive Technician Series, provides students with the technical background, diagnostic strategies, and repair procedures they need to successfully repair engines in the shop. Focused on a "strategy-based diagnostics" approach, this book helps students master diagnosis in order to properly resolve the customer concern on the first attempt.

How to Build Horsepower - Volume 1 gives you an inside look at the techniques expert engine builder David Vizard uses to build horsepower in engines from 4 cylinders to big-block V-8s. With over 40 years of experience in tracking down the subtle factors that add up to big power improvements, David explains how you can get these same results in your workshop. This volume covers major engine components including: the short block, cylinder heads, camshafts, induction, carburetion, ignition, headers, and exhaust systems. Get the most from any engine with this clearly-written book.

Inside this manual the reader will learn to do routine maintenance, tune-up procedures, engine repair, along with aspects of your car such as cooling and heating, air conditioning, fuel and exhaust, emissions control, ignition, brakes, suspension and steering, electrical systems, wiring diagrams.

Hatchback, Saloon and Estate models with 4-cylinder petrol engines. Does NOT cover features specific to C-Max or CC (Convertible) models. 1.4 litre (1388 cc), 1.6 litre (1596 cc), 1.8 litre (1798 cc) & 2.0 litre (1999 cc) petrol. Does NOT cover 2.5 litre 5-cylinder engine, Flexfuel models, CVT or Powershift transmission.

With a Haynes manual, you can do-it-yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle, where we learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Haynes books have clear instructions and hundreds of photographs that show each step. Whether you are a beginner or a pro, you can save big with a Haynes manual! This manual features complete coverage for your 2012-2014 Ford Focus, covering: Routine maintenance Tune-up procedures Engine repair Cooling and heating Air conditioning Fuel and exhaust Emissions control Ignition Brakes Suspension and steering Electrical systems, and Wiring diagrams

This book contains information necessary to the proper handling and care of your Ford car. Read it carefully—particularly the instructions on lubrication, the cooling system, care of battery, etc., which are absolutely necessary to economical and satisfactory operation. Your car is a splendid piece of machinery. If properly cared for, it will give you years of satisfactory service at little cost. When repairs are needed, we recommend having the work done by an authorized Ford dealer. They are provided with special service equipment. Furthermore they are interested, more than any one else, in your personal satisfaction with the car. Let experienced mechanics make repairs or adjustments. Your car is too valuable a piece of machinery to place in unskilled hands. Expert workmanship is just as essential in servicing your car as it is in building it.

Lemon-Aid New and Used Cars and Trucks 1990-2015 steers the confused and anxious buyer through the purchase of new and used vehicles unlike any other car-and-truck book on the market. "Dr. Phil," Canada's best-known automotive expert for more than 42 years, pulls no punches.

Ford was unique in that it had two very different big-block engine designs during the height of the muscle car era. The original FE engine design was pioneered in the late 1950s, primarily as a more powerful replacement for the dated Y-block design. What began as torquey engines meant to move heavyweight sedans morphed into screaming high-performance mills that won Le Mans and drag racing championships throughout the 1960s. By the late 1960s, the FE design was dated, so Ford replaced it with the 385 series, also known as the Lima design, in displacements of 429 and 460 ci, which was similar to the canted-valve Cleveland design being pioneered at the same time. It didn't share the FE pedigree of racing success, mostly due to timing, but the new design was better in almost every way; it exists via Ford Motorsports' offerings to this day. Beginning in 1971, the 429 found its way between the fenders of Mustangs and Torinos in high-compression 4-barrel versions called the Cobra Jet and Super Cobra Jet, and they were some of the most powerful passenger car engines Ford had ever built. If the muscle car era had not died out shortly after the release of these powerful engines, without a doubt the 429 performance variants would be ranked with the legendary big-blocks of all time. In this revised edition of How to Rebuild Big-Block Ford Engines, now titled Ford 429/460 Engines: How to Rebuild, Ford expert Charles Morris covers all the procedures, processes, and techniques for rebuilding your 385 Series big-block. Step-by-step text provides details for determining whether your engine actually needs a rebuild, preparation and removal, disassembly, inspection, cleaning, machining and parts selection, reassembly, start-up, and tuning. Also included is a chapter in building the special Boss 429 engines, as well as a bonus chapter on the Ford 351 Cleveland, Ford's little brother to the big-block.

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

As Ford's follow-up to the famous flathead, the Y-block was Ford's first overhead-valve V-8 and it established an impressive high-performance legacy, winning many races in NASCAR and setting records at the Bonneville Salt Flats. This venerable Ford engine, which powers classic Thunderbirds, Crown Victorias, Edsels, and other cars, is enjoying a performance renaissance. Many aftermarket parts, including heads, can turn a sedate Y-block into a powerhouse. The engine earned its name from its deep-skirt block design that looked like a "Y." This stout engine was installed in millions of Ford cars from 1954 to 1962 and Ford trucks from 1952 to 1964. Author and Ford tech expert Charles Morris explains each critical aspect of rebuilding a stock 239-, 256-, 272-, 292-, and 312-ci Y-block and building a modified Y-block. He shows you how to identify components and conduct a thorough inspection so you select a sound block, heads, intake, and other components. He explains the specifics for obtaining high-quality machining work and verifying clearances. In addition, he delves into the intricacies of each step of the assembly process so you can rebuild a strong-running and reliable engine. Most important, Morris details the steps to effectively remedy the Y-block oiling problems. This is the book Ford Y-block owners and fans have been waiting for. It's an indispensable guide for performing a professional-caliber rebuild and buildup of the Y-block.

A guide to buying a used car or minivan features information on the strengths and weaknesses of each model, a safety summary, recalls, warranties, and service tips.

Illustrates basic procedures of repair, preventive maintenance, and troubleshooting together with instructions for such operations as fixing a dead horn, replacing a car's computer, and servicing drum brakes.

Common Core Kindergarten 4 Today: Daily Skill Practice provides the perfect standards-based activities for each day of the week. Reinforce math and language arts Common Core State Standards along with science and social studies topics all year long in just a few minutes a day! Review essential skills in math, language arts, science, and social studies during a four-day period and assess on the fifth day with a writing prompt that corresponds with the week's activities. --Common Core 4 Today series for kindergarten through fifth grade covers 40 weeks of math, language arts, science, and social studies topics with engaging cross-curricular activities. This 96-page comprehensive supplement contains standards-aligned reproducible activities designed to focus on critical skills and concepts that meet the Common Core State Standards for math and Language arts. Common Core 4 Today includes a Common Core Standards

Alignment Matrix, and shows the standards covered on the assessment for the week for easy planning and documentation. Common Core 4 Today will make integrating cross-curricular practice into weekly classroom instruction a breeze!

For the first time in one volume, Phil Edmonston, Canada's automotive "Dr. Phil," covers all used vehicles, packing this guide with insider tips to help the consumer make the safest and cheapest choice possible from cars and trucks of the past 25 years.

With a Haynes manual, you can do it yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and hundreds of photographs that show each step. Whether you're a beginner or a pro, you can save big with Haynes! -Step-by-step procedures -Easy-to-follow photos -Complete troubleshooting section -Valuable short cuts -Color spark plug diagnosis Complete coverage for your Ford Focus for 2000 thru 2011 (excludes SVT and rear disc brakes models): -Routine Maintenance -Tune-up procedures -Engine repair -Cooling and heating -Air Conditioning -Fuel and exhaust -Emissions control -Ignition -Brakes -Suspension and steering -Electrical systems -Wiring diagrams

TODAY'S TECHNICIAN: AUTOMOTIVE ENGINE REPAIR & REBUILDING, CLASSROOM MANUAL AND SHOP MANUAL, Sixth Edition, delivers the theoretical and practical knowledge technicians need to repair and service modern automotive engines and prepare for the Automotive Service Excellence (ASE) Engine Repair certification exam. Designed to address all ASE Education Foundation standards for Engine Repair, this system-specific text addresses engine construction, engine operation, intake and exhaust systems, and engine repair, as well as the basics of engine rebuilding. Forward-looking discussions include advances in hybrid technology, factors affecting engine performance, and the design and function of modern engine components. Long known for its technical accuracy and concise writing style, the Sixth Edition of this reader-friendly text includes extensive updates to reflect the latest ASE Education Foundation standards, new information on current industry trends and developments, additional drawings and photos, and a variety of electronic tools for instructors. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

If there is one thing Ford enthusiasts have learned over the years, deciphering which Ford parts work with which Ford engines is a far more difficult task than with many other engine families. Will Cleveland heads fit on my Windsor block? Can I build a stroker motor with factory parts? Can I gain compression by using older-model cylinder heads, and will it restrict flow? Is there a difference between Windsor 2-barrel and 4-barrel heads? These are just a few examples of common questions Ford fans have. These and many other questions are examined in this all-new update of a perennial best seller. Thoroughly researched and, unlike previous editions, now focused entirely on the small-block Windsor and Cleveland engine families, Ford Small Block Engine Parts Interchange includes critical information on Ford's greatest small-block engines and goes into great detail on the highly desirable high-performance hardware produced throughout the 1960s, 1970s, and 1980s. By combining some of the best parts from various years, some great performance potential can be unlocked in ways Ford never offered to the general public. Following the advice in Ford Small-Block Engine Parts Interchange, these engine combinations can become reality. You will find valuable information on cranks, blocks, heads, cams, intakes, rods, pistons, and even accessories to guide you through your project. Author George Reid has once again done extensive research to accurately deliver a thorough and complete collection of Ford small-block information in this newly revised edition. Knowing what internal factory engine parts can be used across the wide range of production Ford power plants is invaluable to the hot rodder and swap meet/eBay shopper. Whether building a stroker Cleveland or a hopped-up Windsor, this book is an essential guide.

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Since 1991, the popular and highly modifiable Ford 4.6-liter has become a modern-day V-8 phenomenon, powering everything from Ford Mustangs to hand-built hot rods and the 5.4-liter has powered trucks, SUVs, the Shelby GT500, and more. The wildly popular 4.6-liter has created an industry unto itself with a huge supply of aftermarket high-performance parts, machine services, and accessories. Its design delivers exceptional potential, flexibility, and reliability. The 4.6-liter can be built to produce 300 hp up to 2,000 hp, and in turn, it has become a favorite among rebuilders, racers, and high-performance enthusiasts. 4.6-/5.4-Liter Ford Engines: How to Rebuild expertly guides you through each step of rebuilding a 4.6-liter as well as a 5.4-liter engine, providing essential information and insightful detail. This volume delivers the complete nuts-and-bolts rebuild story, so the enthusiast can professionally rebuild an engine at home and achieve the desired performance goals. In addition, it contains a retrospective of the engine family, essential identification information, and component differences between engines made at Romeo and Windsor factories for identifying your engine and selecting the right parts. It also covers how to properly plan a 4.6-/5.4-liter build-up and choose the best equipment for your engine's particular application. As with all Workbench Series books, this book is packed with detailed photos and comprehensive captions, where you are guided step by step through the disassembly, machine work, assembly, start-up, break-in, and tuning procedures for all iterations of the 4.6-/5.4-liter engines, including 2-valve and 3-valve SOHC and the 4-valve DOHC versions. It also includes an easy-to-reference spec chart and suppliers guide so you find the right equipment for your particular build up.

Complete coverage for your Ford Focus for 2012 thru 2014 (Does not include information specific to Focus Electric models) --Routine maintenance --Tune-up procedures --Engine repair --Cooling and heating --Air conditioning --Fuel and exhaust --Emissions control --Ignition --Brakes --Suspension and steering --Electrical systems --Wiring diagrams

With a Haynes manual, you can do it yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the vehicle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and hundreds of photographs that show each step. Whether you're a beginner or a pro, you can save big with Haynes! Step-by-step procedures --Easy-to-follow photos --Complete troubleshooting section --Valuable short cuts --Color spark plug diagnosis

Designed to prepare new technicians for ASE G1 Certification, Fundamentals of Automotive Maintenance and Light Repair, Second Edition covers the foundational theory and

skills necessary to prepare entry-level technicians to maintain and repair today's light duty vehicles.

Lemon-Aid Used Cars and Trucks 2010/2011 shows buyers how to pick the cheapest and most reliable vehicles from the past 30 years of production. This book offers an exposé on gas consumption lies, a do-it-yourself service manual, an archive of service bulletins granting free repairs, and more.

Modern cars are more computerized than ever. Infotainment and navigation systems, Wi-Fi, automatic software updates, and other innovations aim to make driving more convenient. But vehicle technologies haven't kept pace with today's more hostile security environment, leaving millions vulnerable to attack. The Car Hacker's Handbook will give you a deeper understanding of the computer systems and embedded software in modern vehicles. It begins by examining vulnerabilities and providing detailed explanations of communications over the CAN bus and between devices and systems. Then, once you have an understanding of a vehicle's communication network, you'll learn how to intercept data and perform specific hacks to track vehicles, unlock doors, glitch engines, flood communication, and more. With a focus on low-cost, open source hacking tools such as Metasploit, Wireshark, Kayak, can-utils, and ChipWhisperer, The Car Hacker's Handbook will show you how to: –Build an accurate threat model for your vehicle –Reverse engineer the CAN bus to fake engine signals –Exploit vulnerabilities in diagnostic and data-logging systems –Hack the ECU and other firmware and embedded systems –Feed exploits through infotainment and vehicle-to-vehicle communication systems –Override factory settings with performance-tuning techniques –Build physical and virtual test benches to try out exploits safely If you're curious about automotive security and have the urge to hack a two-ton computer, make The Car Hacker's Handbook your first stop.

Although not the first V-8 engine ever produced, Henry Ford's side-valve V-8, launched in 1932, certainly qualified as the first mass-produced V-8 sold to the public. Because of Henry Ford's stubbornness, the first versions were less than ideal. The technology was in its infancy and cost-cutting measures limited the output and reliability of the early models. Over time, however, the "Flattie" became the go-to powerplant for a whole generation of new hobbyists who were called "hot rodders." The engine maintained its position in the hobby well into the 1950s, even when more modern overhead-valve designs started coming out of Detroit. It's hard to overstate the impact that this simple little engine had on a whole generation of enthusiasts. Even today, people choose a flathead for period-correct builds over far more powerful options. The style and sound of a modified flathead is an iconic part of American history. In Ford Flathead Engines: How to Rebuild & Modify, veteran author Tony Thacker and flathead guru of H&H Flatheads, Mike Herman, take you step-by-step through rebuilding a vintage flathead. One of the most important steps is to actually find a good, usable core; many have been sitting for a very long time and the engine design is prone to cracking. Running changes are also an important consideration when selecting a core, and include cooling system, ignition, and transmission mount. After you have selected a core, Thacker and Herman take you through the entire process of a rebuild, including teardown, parts inspection, machine shop processes, replacement part selection, re-assembly, start up, and break-in. Also covered is a unique performance build completed at the H&H shop for legendary race car team manager and all-around enthusiast Ray Evernham. It all adds up to more than 500 color photos and insider tips on building what could be called the most iconic engine ever built, the Ford flathead V-8.

Extracting maximum torque and horsepower from engines is an art as well as a science. David Vizard is an engineer and more aptly an engine building artist who guides the reader through all the aspects of power production and high-performance engine building. His proven high-performance engine building methods and techniques are revealed in this all-new edition of How to Build Horsepower. Vizard goes into extreme depth and detail for drawing maximum performance from any automotive engine. The production of power is covered from the most logical point from the air entering the engine all the way to spent gasses leaving through the exhaust. Explained is how to optimize all the components in between, such as selecting heads for maximum flow or port heads for superior power output, ideal valvetrain components, realizing the ideal rocker arm ratios for a particular application, secrets for selecting the best cam, and giving unique insight into all facets of cam performance. In addition, he covers how to select and setup superchargers, nitrous oxide, ignition and other vital aspects of high-performance engine building.

Few new engines in automotive history have been as quickly embraced by performance-minded gearheads as was Ford's V-8 in 1932. Deuce roadsters were racing—and winning—almost as soon as their fenders could be unbolted. When the new L-head version was released motorists of nearly all stripes came to embrace the affordable engine that gave Ford cars performance to equal cars costing several times as much. Ford's vision—and gamble—paid off handsomely and set Ford apart from his competitors. More than two decades would pass—a veritable eon in the automobile industry—before another engine would offer the excitement generated by Henry Ford's beloved flathead V-8. This is the ultimate resource for the Ford flathead V-8 engine. It guides readers through everything from engine architecture to selecting the right engine for the right project, building and rebuilding the engine, and buying a crate engine. Whether you're looking to hot-rod or restore your flathead, this book is a required addition to your workbench.

A maintenance and repair manual for the DIY mechanic.

Ford FE engines, which were manufactured from the late 1950s all the way through the mid-1970s, were designated as the large-displacement engines in the Ford lineup. FE means Ford Edsel, and reflects an era when Ford sought to promote the Edsel name. The design of these engines was implemented to increase displacement over its predecessor, the Y-Block engines of the previous decade. Early models were fairly modest in displacement, as were most big-blocks of the era, but they grew quickly to fill the needs of rapidly changing chassis requirements and consumer demand for larger vehicles. As it grew, the FE engine performed admirably as a heavy passenger car and light truck engine. It also became quite accomplished in performance circles, winning the 24 Hours of Le Mans, as well as powering Ford's

muscle car and drag racing programs in the mid- to late 1960s. In this book, you will learn everything you need to know to rebuild one of these legendary engines. CarTech's unique Workbench series format takes you step-by-step through the entire rebuilding process. Covered are engine identification and selection, disassembly, cleaning, parts analysis and assessment, machine shop processes, replacement parts selection, re-assembly and start-up/break-in techniques. Along the way you find helpful tips on performance upgrades, trouble spots to look for, special tools required, and professional builder's tips. FE master, owner of Survival Motorsports, and veteran author Barry Rabotnick shares all of his tricks and secrets on building a durable and reliable FE engine. Whether you are simply rebuilding an old truck for reliable service use, restoring a 100-point show car, or building the foundation for a high-performance street and strip machine, this book will be an irreplaceable resource for all your future FE engine projects. Finally, a rebuild and performance guide for GM 6.2 and 6.5L diesel engines! In the late 1970s and early 1980s, there was considerable pressure on the Detroit automakers to increase the fuel efficiency for their automotive and light-truck lines. While efficient electronic engine controls and computer-controlled gas engine technology was still in the developmental stages, the efficiency of diesel engines was already well documented during this time period. As a result, General Motors added diesel engine options to its car and truck lines in an attempt to combat high gas prices and increase fuel efficiency. The first mass-produced V-8 diesel engines of the era, the 5.7L variants, appeared in several General Motors passenger-car models beginning in 1978 and are often referred to as the Oldsmobile Diesels because of the number of Oldsmobile cars equipped with this option. This edition faded from popularity in the early 1980s as a result of falling gas prices and quality issues with diesel fuel suppliers, giving the cars a bad reputation for dependability and reliability. The 6.2L appeared in 1982 and the 6.5L in 1992, as the focus for diesel applications shifted from cars to light trucks. These engines served faithfully and remained in production until 2001, when the new Duramax design replaced it in all but a few military applications. While very durable and reliable, most of these engines have a lot of miles on them, and many are in need of a rebuild. This book will take you through the entire rebuild process step by step from diagnosis to tear down, inspection to parts sourcing, machining, and finally reassembly. Also included is valuable troubleshooting information, detailed explanations of how systems work, and even a complete Stanadyne DB2 rebuild section to get the most out of your engine in the modern era. If you have a 6.2, or 6.5L GM diesel engine, this book is a must-have item for your shop or library.

Rebuild and modify your Ford inline six with help from the leading performance builders of these engines, Vintage Inlines! Covering Ford's small 6-cylinder engine made famous in Falcons, Comets, Mustangs, and many other models from the 1960s and 1970s, this book has everything you need to know from step-by-step rebuilding instructions to performance parts that will set you apart from the rest of the crowd. If this is your first engine build, you'll be glad to know that every aspect of a complete rebuild is here. Starting with engine removal, you'll learn all the different steps, including examination, machine work, reassembly, and reinstallation. The mystery is revealed on setting ring gap, checking valve-to-piston clearance, and even degreasing the camshaft for spot-on valve timing! Whether it's replacing the undersized and outdated 1-barrel carburetor or the original Load-O-Matic distributor, you'll learn how to get the most from the engine that came as original equipment in literally millions of our favorite Ford vehicles. With the information in this book, you'll learn how to add a 2-barrel carburetor, electronic ignition, and even a header so you can have the smooth rumble of dual exhaust.

Congratulations on your decision to build and modify one of the most popular engines from some of the most popular cars in Ford's long history with Ford Inline Six: How to Rebuild & Modify!

The sport compact performance market is hot and getting hotter - and while the Honda Civic and Acura Integra have long been the dominant players in the market, a newcomer is emerging as a popular car for performance modifications - The Ford Focus. Well-built, inexpensive, good looking, and easy to modify, the Focus is quickly catching the Hondas in terms of market popularity. This book shows Focus owners exactly what it takes to improve their car's performance, from simple modifications like installing a new air intake to radical mods like installing a turbocharger. The author also shows what those modifications can do, with before-and-after dyno tests for each modification. There's also extensive info on suspension and brake modifications for better handling and braking. It's a one-stop shop for those who want a sharper, faster Focus. Dimensions: 8-3/8 x 10-7/8 inches # of color photographs: None inside- color cover only # of black and white photographs: 300

Covers principles of operation, troubleshooting, maintenance and repair of the modern braking system. Information on tool selection and usage is included, plus a chapter on brake system modifications and high-performance brake parts.

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