

Finish Give Yourself The Gift Of Done

Make. More. Future. Artificial intelligence, big data, modern science, and the internet are all revealing a fundamental truth: The world is vastly more complex and unpredictable than we've allowed ourselves to see. Now that technology is enabling us to take advantage of all the chaos it's revealing, our understanding of how things happen is changing--and with it our deepest strategies for predicting, preparing for, and managing our world. This affects everything, from how we approach our everyday lives to how we make moral decisions and how we run our businesses. Take machine learning, which makes better predictions about weather, medical diagnoses, and product performance than we do--but often does so at the expense of our understanding of how it arrived at those predictions. While this can be dangerous, accepting it is also liberating, for it enables us to harness the complexity of an immense amount of data around us. We are also turning to strategies that avoid anticipating the future altogether, such as A/B testing, Minimum Viable Products, open platforms, and user-modifiable video games. We even take for granted that a simple hashtag can organize unplanned, leaderless movements such as #MeToo. Through stories from history, business, and technology, philosopher and technologist David Weinberger finds the unifying truths lying below the surface of the tools we take for granted--and a future in which our best strategy often requires holding back from anticipating and instead creating as many possibilities as we can. The book's imperative for business and beyond is simple: Make. More. Future. The result is a world no longer focused on limitations but optimized for possibilities.

"While leading a thirty-day online course to help people work on their goals, [the author] learned something surprising: the most effective exercises were not those that pushed people to work harder. The ones that got people to the finish line did just the opposite--they took the pressure off. Why? Because the sneakiest obstacle to meeting your goals is not laziness, but perfectionism. We're our own worst critics, and if it looks like we're not going to do something right, we prefer not to do it at all"--Amazon.com.

AN INSTANT NEW YORK TIMES BESTSELLER! "[The Gift of Forgiveness] will spark conversations across families, across friendships, at workplaces, everywhere."—Maria Shriver A fresh, inspiring book on learning how to forgive, with firsthand stories from those who have learned to let go of resentment and find peace. "When we learn to embrace forgiveness, it opens us up to healing, hope, and a new world of possibility."—Katherine Schwarzenegger Pratt Written with grace and understanding and based on more than twenty in-depth interviews and stories as well as personal reflections from Schwarzenegger Pratt herself, *The Gift of Forgiveness* is about one of the most difficult challenges in life—learning to forgive. Here, Katherine Schwarzenegger Pratt shows us what we can learn from those who have struggled with forgiveness, some still struggling, and others who have been able to forgive what might seem truly unforgivable. The book features experiences from those well-known and unknown, including Elizabeth Smart, who learned to forgive her captors; Sue Klebold, whose son, Dylan, was one of the Columbine shooters, learning empathy and how to forgive herself; Chris Williams, who forgave the drunken teenager who killed his wife and child; and of course Schwarzenegger Pratt's own challenges and path to forgiveness in her own life. All provide different journeys to forgiveness and the process—sometimes slow and thorny, sometimes almost instantaneous—by which they learned to forgive and let go. *The Gift of Forgiveness* is a perfect blend of personal insights, powerful quotations, and hard-won wisdom for those seeking a way to live with greater acceptance, grace, and peace. A PAMELA DORMAN BOOKS/PENGUIN LIFE TITLE

An influential pastor, podcaster, and thought leader believes it's not only possible to predict life's hardest moments, but also to alter outcomes, overcome challenges, and defeat your fiercest adversaries. Founding Pastor of one of North America's most influential churches, Carey Nieuwhof wants to help you avoid and overcome life's seven hardest and most crippling challenges: cynicism, compromise, disconnectedness, irrelevance, pride, burnout, and emptiness. These are challenges that few of us expect but that we all experience at some point. If you have yet to confront these obstacles, Carey provides clear tools and guidelines for anticipation and avoidance. On the other hand, if you already feel stuck in a painful experience or are wrestling with one of these challenges, he provides the steps you need to find a way out and a way forward into a more powerful and vibrant future. Now available in paperback edition.

Awards for *Start Finishing*: • Publishers Weekly Fall 2019 Top 10 Business and Economics Books • Book Authority Best New Book in (the categories of) Time Management, Success, Productivity, and Goal Setting • Kirkus Reviews Top Indie Book • Montaigne Medal Finalist • Independent Publisher Book Award 2020: Silver Award for Business/Careers/Sales • Eric Hoffer Book Award 2020: Grand Prize Productivity Meets Purpose—Discover a Powerful Nine-Step Method to Start Finishing the Work That Matters Most How much of your time and attention lately has been focused on things that truly matter to you? Most people's honest answer is: not enough. Everyone is buried by busywork, responsibility, distraction, and fatigue. The joy-producing, difference-making ideas are waiting for when the time is right, when the current project is over, when they have a little more money, when the kids are grown, or when they get a more understanding boss. They are waiting for someday. The trouble is someday never comes on its own. *Start Finishing* presents a nine-step method for converting an idea into a project by addressing the challenges you'll face and getting the project on a reality-based schedule. This critically acclaimed book will teach you how to: • Practice the five keys that lead to self-mastery • Build your success pack of supporters, guides, peers, and beneficiaries • Keep working through the thrashing that comes with any project that matters to you • Chunk, link, and sequence your ideas down to doable parts • Use the Five Project Rule to prioritize your daily schedule and be at peace with the work you choose not to do • Fly through drag points—how to deal with head trash, no-win scenarios, and other people's priorities • Heatmap your schedule so you do the right work at the right time • Overcome cascades, logjams, and tarpits—the three ways projects routinely get stuck • Finish strong—celebrate, review, and ride the momentum to your next goal You are not incapable, wired to struggle, or fated to be unable to get your act together. With a few key steps, you can change the way you show up, how you plan, and how you respond when things get tough. You can *Start Finishing* the work that matters most to you. Includes original contributions from Seth Godin, Susan Piver, Jonathan Fields, James Clear, and many other teachers.

Based on the Book of Genesis, Dinah shares her perspective on religious practices and sexual politics.

From figuring out what your dream is to quitting in a way that exponentially increases your chance of success, *Quitter* is full of inspiring stories and actionable advice. This book is based on 12 years of cubicle living and my true story of cultivating a dream job that changed my life and the world in the process. It's time to close the gap between your day job and your dream job. It's

time to be a quitter.

* Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. By reading this summary, you will learn how to reach all your goals with techniques and tips that will increase your efficiency tenfold. You will also learn : why you can't get to the bottom of things; how to be more motivated; that working hard is not an obligation; how to have fun when you give up a project; how to follow your progress collegially. 92% of New Year's resolutions are never kept. Every year, millions of people start a new activity, decide to lose weight, play sports, write a book or prepare for graduation. Only a minority of them succeed because no one really learns how to follow through. Often you will read that the great secret to performing miracles is to overcome your fear and get on with it. This is not true. Starting is important, but finishing is even more important! Motivation and discipline are not the most important things to achieve this: there are shortcuts and tricks to get you there. *Buy now the summary of this book for the modest price of a cup of coffee!

I'm missing out on my life. What's wrong with me? If that's ever crossed your mind, and if you know there's more to life than what you've been living, this book is for you. It sucks to acknowledge that you are what's keeping you from the life you want. You sacrifice what you want most for what you want in the moment. You know everything you're supposed to do, and yet you feel stuck--limited by your past, overwhelmed by your future--in a purgatory of your own behavior. After decades of feeling trapped by this mindset, Elizabeth Benton shifted her whole life by proving her own stories wrong. In this book, Elizabeth will help you live a new story, in which you can, you will, and you already have everything you need to make it happen.

As a serial entrepreneur, Kevin Kruse has seen time and again that the leadership practices that actually work are the opposite of what is commonly taught and implemented. Close Your Open Door Policy shows how a contrarian approach can be a better, faster, and easier way to succeed as a leader. Chapter by chapter, Kruse focuses on a piece of popular wisdom, then shows with real-world case studies and quantitative research that the opposite approach will lead to better results, encouraging leaders to play favorites, stay out of meetings, and, of course, close their open doors.

Year after year, readers pulled me aside at events and said, "I've never had a problem starting. I've started a million things, but I never finish them. Why can't I finish? According to studies, 92 percent of New Year's resolutions fail. You've practically got a better shot at getting into Juilliard to become a ballerina than you do at finishing your goals. For years, I thought my problem was that I didn't try hard enough. So I started getting up earlier. I drank enough energy drinks to kill a horse. I hired a life coach and ate more superfoods. Nothing worked, although I did develop a pretty nice eyelid tremor from all the caffeine. It was like my eye was waving at you, very, very quickly. Then, while leading a thirty-day online course to help people work on their goals, I learned something surprising: The most effective exercises were not those that pushed people to work harder. The ones that got people to the finish line did just the opposite— they took the pressure off. Why? Because the sneakiest obstacle to meeting your goals is not laziness, but perfectionism. We're our own worst critics, and if it looks like we're not going to do something right, we prefer not to do it at all. That's why we're most likely to quit on day two, "the day after perfect"—when our results almost always underperform our aspirations. The strategies in this book are counterintuitive and might feel like cheating. But they're based on studies conducted by a university researcher with hundreds of participants. You might not guess that having more fun, eliminating your secret rules, and choosing something to bomb intentionally works. But the data says otherwise. People who have fun are 43 percent more successful! Imagine if your diet, guitar playing, or small business was 43 percent more successful just by following a few simple principles. If you're tired of being a chronic starter and want to become a consistent finisher, you have two options: You can continue to beat yourself up and try harder, since this time that will work. Or you can give yourself the gift of done. Using the same humor and honesty that galvanized more than a million online readers from more than 200 countries, speaker Jon Acuff brings his insightful take on Christianity to the book world with this new edition of *Stuff Christians Like*. Do you constantly find yourself toying the fine line between praying before certain types of meals and not others? This book is for you. Have you fallen in love on a mission trip, just to break up when you get home? This book is for you. Are you a unicorn of purity who ranks honeymoon sex slightly higher than the second coming of Christ? Guess what – this book is for you, too. It's time to shake off Somber Christian Syndrome and embrace the quirks of being a member of God's kingdom. This book will teach you how to: Break up with your small group Subtly find out if your new Christian friends drink beer too Recognize the shame grenade that is a Jesus Juke Avoid a prayer handholding faux pas Say something Christian-y without looking like a snake handler From prayer shot blocks to metro worship leaders, no stone is left unturned in this hilarious look at faith. "I never knew how much I needed Jesus until I found out I was judging people who use the table of contents in their Bible. This book saved me from looking like a bad Christian." – Sister Mary Francis, Rhode Island. "It's such a time saver to know that my Chick-fil-a from the drive-thru comes pre-blessed. I always knew I was making the right choice by choosing the Lord's chicken." – Dave L., South Carolina.

What would you do to inherit a million dollars? Would you be willing to change your life? Jason Stevens is about to find out. Red Stevens has died, and the older members of his family receive their millions with greedy anticipation. But a different fate awaits young Jason, whom his great-uncle Stevens believed might be the last vestige of hope in the family. "Although to date your life seems to be a sorry excuse for anything I would call promising, there does seem to be a spark of something in you that I hope we can fan into a flame. For that reason, I am not making you an instant millionaire." What Stevens does give Jason leads to *The Ultimate Gift*. Young and old will take this timeless tale to heart.

If you are struggling to feel comfortable in your own body, then this inspiring and interactive self-love workbook is for you. *The Gift of Self-Love* is an honest, heartfelt, and relatable book that will guide you on your journey to self-love, self-care, and body positivity. Bestselling author and speaker Mary Jelkovsky's story of battling an eating disorder and conquering her deepest insecurities has been featured in *Teen Vogue*, *Health*, and *Shape* magazine. Now in this empowering book, Mary shares the advice, research, and exercises that she used to build her self-confidence and finally learn how to love herself. Written like a letter to a close friend, this self-improvement book provides practical advice and exercises that will help you finally give yourself the gift of self-love. *The Gift of Self-Love* includes: • A mix of the Author's Personal Stories, Research, and Meaningful Advice to help you build self-worth and accept for who you are • A Self-Esteem and Self-Confidence Quiz to assess how you feel about yourself today and identify areas to give yourself more compassion and love • Writing Exercises to help you get in touch with your feelings, rewrite limiting beliefs, and stop pressuring yourself to meet other people's expectations • A Positive Self-Talk Guide to help you reframe your thoughts and silence the negative voice in your head • Recommendations for Loving Your Body and embracing healthy living at any size • ...and more! After recovering from an eating disorder and healing her body, mind, and spirit, Jelkovsky started her online platform *Mary's Cup of Tea* to inspire women to be confident in their bodies and love themselves unconditionally. Mary is committed to empowering women of all shapes and sizes through her social media, online programs, and worldwide self-love retreats.

Practical tactics to grow your willpower, stop procrastination, focus like a laser, and achieve whatever you set your mind to. Following through and finishing what you start- more valuable skills than you realize. They are a combination of traits that enables you to create the life you want - without having to compromise or wait. The alternative is a status quo that you're stuck in. Is your life a series of unfinished tasks and intentions? That stops now. *Finish What You Start* is a unique deep dive into the psychology and science of accomplishment, productivity, and getting things done. It takes a thorough look why we are sometimes stuck, and gives detailed, step by step solutions you can start using today. Every phase of finishing and following through is covered, and even productivity pros will be able to

learn something new. Above all else, this is a guide to understanding your brain and instincts better for optimal results. Channel massive productivity and mental toughness. Peter Hollins has studied psychology and peak human performance for over a dozen years and is a bestselling author. He has worked with dozens of individuals to unlock their potential and path towards success. His writing draws on his academic, coaching, and research experience. Resist distractions, de-motivation, temptations, laziness, and excuses. •The surprising motivations that push us past obstacles. •How daily rules and a manifesto can help you achieve. •Valuable and insightful mindsets to view productivity from entirely new lights. Seize self-control and finally accomplish your big and small goals. •The science and tactics to beating procrastination easily. •Focus and willpower pitfalls you are probably committing at this very moment. •How to beat distractions, remain focused, stay on task, and get to what matters - consistently. Transform your life through productive habits and avoiding mental traps.

Another Spencer Johnson #1 Bestseller #1 New York Times Business #1 Wall Street Journal #1 BusinessWeek From the Author of Who Moved My Cheese? Dr. Spencer Johnson's stories of timeless, simple truths have changed the work and lives of millions of readers around the world. Now comes an insightful new tale of inspiration and practical guidance for these turbulent times. Good Things Happen To Those Who Open The Present The Gift That Makes Your Work And Life Better Each Day! For over two decades, Spencer Johnson has been inspiring and entertaining millions with his simple yet insightful stories of work and life that speak directly to the heart and soul. The Present is an engaging story of a young man's journey to adulthood, and his search for The Present, a mysterious and elusive gift he first hears about from a great old man. This Present, according to the old man, is "the best present a person can receive." Later, when the young boy becomes a young man, disillusioned with his work and his life, he returns to ask the old man, once again, to help him find The Present. The old man responds, "Only you have the power to find The Present for yourself." So the young man embarks on a tireless search for this magical gift that holds the secret to his personal happiness and business success. It is only after the young man has searched high and low and given up his relentless pursuit that he relaxes and discovers The Present—and all of the promises it offers. The Present will help you focus on what will make you happier and more successful in your work and in your personal life, today! Like the young man, you may find that it is the best gift you can give yourself. www.ThePresent.com

"A powerful, generous and unforgettable book." - Seth Godin "A wondrous lens on healing ourselves and our world in this strangest and hardest of times." - Krista Tippett We are all born with the wonder switch in the "on" position, but somewhere along the way, our wonder is crushed. And that's when we begin to live out of a self-limiting mindset that shuts down our sense of possibility and purpose. Yet reclaiming your wonder--and with it, your life--is within reach. In The Wonder Switch, join world-renowned storyteller and professional illusionist Harris Ill in a journey to bring you back to the magic you fear you've lost--not the sleight of hand he performs across world stages, but real magic: love, hope, joy, belonging, meaning, and purpose. One of wonder's greatest powers is that it changes the stories we tell ourselves, writes Harris. With the help of his power-packed Transformation Map, you'll gain the tools you need to switch from the old story that leaves you unfulfilled to the new story that will make you a healthier, happier, all-around better human being. In this book, you'll discover: The surprising science behind the stories we tell ourselves and how they shape our lives Practices for "righting" your story from a broken narrative to a restored narrative The secret to breaking out of a Limiting Mindset and developing a Wonder Mindset Practices for moving from complacency to curiosity Why worry is a misuse of your imagination, and how to kick the habit

Overthinking isn't a personality trait. It's the sneakiest form of fear. It steals time, creativity, and goals. It's the most expensive, least productive thing companies invest in without even knowing it. And it's an epidemic. When New York Times bestselling author Jon Acuff changed his life by transforming his overthinking, he wondered if other people might benefit from what he discovered. He commissioned a research study to ask 10,000 people if they struggle with overthinking too, and 99.5 percent said, "Yes!" The good news is that in Soundtracks, Acuff offers a proven plan to change overthinking from a super problem into a superpower. When we don't control our thoughts, our thoughts control us. If our days are full of broken soundtracks, thoughts are our worst enemy, holding us back from the things we really want. But the solution to overthinking isn't to stop thinking. The solution is running our brains with better soundtracks. Once we learn how to choose our soundtracks, thoughts become our best friend, propelling us toward our goals. If you want to tap into the surprising power of overthinking and give your dreams more time and creativity, learn how to DJ the soundtracks that define you. If you can worry, you can wonder. If you can doubt, you can dominate. If you can spin, you can soar.

From the New York Times-bestselling author of Quitter and Start comes the definitive guide to getting your dream job. When you don't like your job, Sunday isn't really a weekend day. It's just pre-Monday. But what if you could call a Do Over and actually look forward to Monday? Starting on the first day you got paid to scoop ice cream or restock shelves, you've had the chance to develop the four elements all great careers have in common: relationships, skills, character, and hustle. You already have each of those, to one degree or another. Now it's time to amplify them and apply them in a new way, so you can call a Do Over on your career, at any age. You'll need a Do Over because you'll eventually face at least one of these major transitions: • You'll hit a Career Ceiling and get stuck, requiring sharp skills to free yourself. • You'll experience a Career Bump and unexpectedly lose your job, requiring strong relationships to survive. • You'll make a Career Jump to a new role, requiring solid character to push through uncertainty and chaos. • You'll get a surprise Career Opportunity, requiring dedicated hustle to take advantage of it. Jon Acuff's unique approach will give you the resources to reinvent your work, get unstuck, and get the job you've always wanted!

Wall Street Journal best-selling author Jon Acuff reveals the steps to getting unstuck and back onto the path of being awesome. Over the last 100 years, the road to success for most everyone has been divided into five stages that mirror the decades of working life: Your 20s are a period of Learning. This is the decade of trying a thousand things, exploring a multitude of interests, and discovering what really motivates you. Your 30s are a period of Editing. This is the decade of sorting out interests, where you discover what you really care about and who you really are. Your 40s are a period of Mastering. This is the decade of narrowing focus, honing skill sets, and becoming an expert in your field. Your 50s are a period of Harvesting. This is the decade of reaping the benefits of good decisions and enjoying the highest income-earning period in a career. Your 60s are a

period of Guiding. This is the decade of mentoring, training, and encouraging others on their own road to success. Every successful person has followed these steps regardless of their occupation. But three things have changed the path to success and erased the decades associated with them: Finish lines are dead – Boomers are realizing that a lot of the things they were promised aren't going to materialize, and they have started second and third careers. Anyone can play – Technology has given access to an unprecedented number of people who are building online empires and changing their lives in ways that would have been impossible years ago. Hope is boss – The days of “success first, significance later,” have ended. A new generation doesn't want to change the world eventually; they want to change it now through the wells they kickstart in Africa and the TOMS they wear on their feet. The value system has been flipped upside down. The result is that you've got an entire generation pushing down to start over, another generation pushing up to start for the first time, and in the middle of this collision, the tools to actually change the world. Experience years now trump chronological age. And while none of the five stages can be skipped, they can be shortened and accelerated. There are only two paths in life: average and awesome. The average path is easy because all you have to do is nothing. The awesome path is more challenging, because things like fear only bother you when you do work that matters. The good news is Start gives readers practical, honest, actionable insights to be more awesome, more often. It's time to punch fear in the face, escape average, and do work that matters. It's time to Start.

Adventure abounds when a toy comes to life in this classic novel! It's Omri's birthday, but all he gets from his best friend, Patrick, is a little plastic warrior figure. Trying to hide his disappointment, Omri puts his present in a metal cupboard and locks the door with a mysterious skeleton key that once belonged to his great-grandmother. Little does Omri know that by turning the key, he will transform his ordinary plastic toy into a real live man from an altogether different time and place! Omri and the tiny warrior called Little Bear could hardly be more different, yet soon the two forge a very special friendship. Will Omri be able to keep Little Bear without anyone finding out and taking his new friend away?

The New York Times #1 bestselling book by Pastor Rick Warren that helps you understand and live out the purpose of your life. Before you were born, God already planned your life. God longs for you to discover the life he uniquely created you to live--here on earth, and forever in eternity. Let The Purpose Driven Life show you how. As one of the bestselling nonfiction books in history, with more than 35 million copies sold, The Purpose Driven Life is far more than just a book; it's the road map for your spiritual journey. A journey that will transform your life. Designed to be read in 42 days, each chapter provides a daily meditation and practical steps to help you discover and live out your purpose, starting with exploring three of life's most pressing questions: The Question of Existence: Why am I alive? The Question of Significance: Does my life matter? The Question of Purpose: What on earth am I here for? The book also includes links to 3-minute video introductions and a 30- to 40-minute audio Bible study message for each chapter. Plus questions for further study and additional resources. The Purpose Driven Life is available in audiobook, ebook, softcover, and hardcover editions. Also available: The Purpose Driven Life video study and study guide, journal, devotional, book for kids, book for churches, Spanish edition, Large Print edition, and more.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of The Laws of Human Nature. In the book that People magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, The 48 Laws of Power is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

From the author of Stuff Christians Like comes a fresh take on a timeless subject, money. A member of the Dave Ramsey team, Jon Acuff offers a front row seat to all of the silly

things we do when it comes to paying off debt, managing our money and everything in between.

The Gift of the Magi is a treasured short story written by O. Henry. A young and very much in love couple can barely afford their one-room apartment, let alone the extra expense of getting Christmas presents for one another. But each is determined to show their love for the other in this traditional time of giving; each sells a thing they hold most dear in order to afford a present, with poignant and touching results that capture their love for one another.

An illustrated selection of answers to the title's question, submitted online and collected by Ben Nemtin, Dave Lingwood, Duncan Penn and Jonnie Penn, collectively known as The Buried Life and featured in the MTV reality television series of the same name. Some answers include essays relating how the online submissions were accomplished. Also included are brief essays on how the four young men accomplished some of their lists' tasks and their experiences helping others complete their lists.

Goodfellas meets Thelma and Louise when an unlikely trio of women in New York find themselves banding together to escape the clutches of violent figures from their pasts. After Brooklyn mob widow Rena Ruggiero hits her eighty-year-old neighbor Enzo in the head with an ashtray when he makes an unwanted move on her, she embarks on a bizarre adventure. Taking off in Enzo's '62 Impala, she retreats to the Bronx home of her estranged daughter, Adrienne, and her granddaughter, Lucia, only to be turned away by Adrienne at the door. Their neighbor, Lacey "Wolfie" Wolfstein, a one-time Golden Age porn star and retired Florida Suncoast grifter, takes Rena in and befriends her. When Lucia discovers that Adrienne is planning to hit the road with her ex-boyfriend Richie, she figures Rena's her only way out of a life on the run with a mother she can't stand. But Richie has massacred a few members of the Brancaccio crime family for a big payday, and he drags even more trouble into the mix in the form of an unhinged enforcer named Crea. The stage is set for an explosion that will propel Rena, Wolfie, and Lucia down a strange path, each woman running from something and unsure what comes next. A Friend Is a Gift You Give Yourself is a screwball noir about finding friendship and family where you least expect it, in which William Boyle again draws readers into the familiar—and sometimes frightening—world in the shadows at the edges of New York's neighborhoods.

George Pratt, depressed and contemplating suicide, is allowed to see what his community would have been like if he had never been born, in a hardcover reissue of the story that inspired the film *It's a Wonderful Life*. 100,000 first printing.

INSTANT NEW YORK TIMES BESTSELLER The only definitive book authored by Wim Hof on his powerful method for realizing our physical and spiritual potential. "This method is very simple, very accessible, and endorsed by science. Anybody can do it, and there is no dogma, only acceptance. Only freedom." —Wim Hof Wim Hof has a message for each of us: "You can literally do the impossible. You can overcome disease, improve your mental health and physical performance, and even control your physiology so you can thrive in any stressful situation." With *The Wim Hof Method*, this trailblazer of human potential shares a method that anyone can use—young or old, sick or healthy—to supercharge their capacity for strength, vitality, and happiness. Wim has become known as "The Iceman" for his astounding physical feats, such as spending hours in freezing water and running barefoot marathons over deserts and ice fields. Yet his most remarkable achievement is not any record-breaking performance—it is the creation of a method that thousands of people have used to transform their lives. In his gripping and passionate style, Wim shares his method and his story, including:

- **Breath**—Wim's unique practices to change your body chemistry, infuse yourself with energy, and focus your mind
- **Cold**—Safe, controlled, shock-free practices for using cold exposure to enhance your cardiovascular system and awaken your body's untapped strength
- **Mindset**—Build your willpower, inner clarity, sensory awareness, and innate joyfulness in the miracle of living
- **Science**—How users of this method have redefined what is medically possible in study after study
- **Health**—True stories and testimonials from people using the method to overcome disease and chronic illness
- **Performance**—Increase your endurance, improve recovery time, up your mental game, and more
- **Wim's Story**—Follow Wim's inspiring personal journey of discovery, tragedy, and triumph
- **Spiritual Awakening**—How breath, cold, and mindset can reveal the beauty of your soul

Wim Hof is a man on a mission: to transform the way we live by reminding us of our true power and purpose. "This is how we will change the world, one soul at a time," Wim says. "We alter the collective consciousness by awakening to our own boundless potential. We are limited only by the depth of our imagination and the strength of our conviction." If you're ready to explore and exceed the limits of your own potential, *The Wim Hof Method* is waiting for you.

We all want to live a life that matters. We all want to reach our full potential. But too often we find ourselves overwhelmed by the day-to-day. Our big goals get pushed to the back burner--and then, more often than not, they get forgotten. New York Times bestselling author Michael Hyatt wants readers to know that it doesn't have to be this way. In fact, he thinks that this is the year readers can finally close the gap between reality and their dreams. In *Your Best Year Ever*, Hyatt shares a powerful, proven, research-driven system for setting and achieving goals. Readers learn how to design their best year ever in just five hours - three simple ways to triple the likelihood of achieving their goals - how to quit-proof their goals - what to do when they feel stuck - and much more Anyone who is tired of not seeing progress in their personal, intellectual, business, relationship, or financial goals will treasure the field-tested wisdom found in these pages.

Read the Wall Street Journal Bestseller for "cultivating intense focus" for fast, powerful performance results for achieving success and true meaning in one's professional life (Adam Grant, author of *Give and Take*). Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep Work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship. In short, deep work is like a super power in our increasingly competitive twenty-first century economy. And yet, most people have lost the ability to go deep-

spending their days instead in a frantic blur of e-mail and social media, not even realizing there's a better way. In *Deep Work*, author and professor Cal Newport flips the narrative on impact in a connected age. Instead of arguing distraction is bad, he instead celebrates the power of its opposite. Dividing this book into two parts, he first makes the case that in almost any profession, cultivating a deep work ethic will produce massive benefits. He then presents a rigorous training regimen, presented as a series of four "rules," for transforming your mind and habits to support this skill. 1. Work Deeply 2. Embrace Boredom 3. Quit Social Media 4. Drain the Shallows A mix of cultural criticism and actionable advice, *Deep Work* takes the reader on a journey through memorable stories—from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air—and no-nonsense advice, such as the claim that most serious professionals should quit social media and that you should practice being bored. *Deep Work* is an indispensable guide to anyone seeking focused success in a distracted world. An Amazon Best Book of 2016 Pick in Business & Leadership Wall Street Journal Business Bestseller A Business Book of the Week at 800-CEO-READ

As a botanist, Robin Wall Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers. In *Braiding Sweetgrass*, Kimmerer brings these two lenses of knowledge together to take us on “a journey that is every bit as mythic as it is scientific, as sacred as it is historical, as clever as it is wise” (Elizabeth Gilbert). Drawing on her life as an indigenous scientist, and as a woman, Kimmerer shows how other living beings—asters and goldenrod, strawberries and squash, salamanders, algae, and sweetgrass—offer us gifts and lessons, even if we've forgotten how to hear their voices. In reflections that range from the creation of Turtle Island to the forces that threaten its flourishing today, she circles toward a central argument: that the awakening of ecological consciousness requires the acknowledgment and celebration of our reciprocal relationship with the rest of the living world. For only when we can hear the languages of other beings will we be capable of understanding the generosity of the earth, and learn to give our own gifts in return.

#1 Wall Street Journal bestseller! Jon Acuff, New York Times best-selling author of *Do Over*, *Quitter*, and *Start*, offers strategies for anyone who's ever wondered, "Why can't I finish what I started?" According to studies, 92 percent of New Year's resolutions fail. You've practically got a better shot at getting into Juilliard to become a ballerina than you do at finishing your goals. For years, I thought my problem was that I didn't try hard enough. So I started getting up earlier. I drank enough energy drinks to kill a horse. I hired a life coach and ate more superfoods. Nothing worked, although I did develop a pretty nice eyelid tremor from all the caffeine. It was like my eye was waving at you, very, very quickly. Then, while leading a thirty-day online course to help people work on their goals, I learned something surprising: The most effective exercises were not those that pushed people to work harder. The ones that got people to the finish line did just the opposite— they took the pressure off. Why? Because the sneakiest obstacle to meeting your goals is not laziness, but perfectionism. We're our own worst critics, and if it looks like we're not going to do something right, we prefer not to do it at all. That's why we're most likely to quit on day two, “the day after perfect”—when our results almost always underperform our aspirations. The strategies in this book are counterintuitive and might feel like cheating. But they're based on studies conducted by a university researcher with hundreds of participants. You might not guess that having more fun, eliminating your secret rules, and choosing something to bomb intentionally works. But the data says otherwise. People who have fun are 43 percent more successful! Imagine if your diet, guitar playing, or small business was 43 percent more successful just by following a few simple principles. If you're tired of being a chronic starter and want to become a consistent finisher, you have two options: You can continue to beat yourself up and try harder, since this time that will work. Or you can give yourself the gift of done.

Whose life are you living? Though of course you would love to believe that it is fully your own, you might want to think again. Do you find yourself tip-toeing around the feelings of others? Do others' desires often precede your own? Do you wish you knew how to balance it all, have healthy relationships, and end up feeling truly happy? Priya Rana Kapoor takes you on *The Permission Journey™*, a step-by-step guide that will equip you with the strength and courage to:

- have newfound self-confidence
- realise your dreams
- know you are not alone on your journey

Give Yourself Permission to Live Your Life is complemented with candid anecdotes from Priya's personal experience. She leads by example as she tells her story of illness, self-doubt, and a chronic need-to-please, how she got through it all, and how you can do the same. The breakthrough techniques outlined in *The Permission Journey™* have benefited a wide range of people, from executives of large international corporations ironically suffering from low self-worth, to recent school-leavers struggling to find their feet. Their inspirational stories mirror scenarios that we all commonly find ourselves in, and will serve as a reference point for you in similar situations.

Are you ready to take the journey yourself? Pack your bags and prepare to embark on an adventure to give yourself permission to take back your life! www.PriyaRanaKapoor.com www.GYSPermission.com

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a household classic that will now reach an even wider audience. Never before have Shel Silverstein's children's books appeared in a format other than hardcover. Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half*, *Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss these other Shel Silverstein ebooks, *Where the Sidewalk Ends*, and *A Light in the Attic!*

"We cannot change the cards we are dealt, just how we play the hand."---Randy Pausch A lot of professors give talks titled "The Last Lecture." Professors are asked to consider their demise and to ruminate on what matters most to them. And while they speak, audiences can't help but mull the same question: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave--"Really Achieving Your Childhood Dreams"--wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have...and you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to come.

8 starred reviews · Goodreads Choice Awards Best of the Best · William C. Morris Award Winner · National Book Award Longlist · Printz Honor Book · Coretta Scott King Honor Book · #1 New York Times Bestseller! "Absolutely riveting!" —Jason Reynolds "Stunning." —John Green "This story is necessary. This story is important." —Kirkus (starred review) "Heartbreakingly topical." —Publishers Weekly (starred review) "A marvel of verisimilitude." —Booklist (starred review) "A powerful, in-your-face novel." —Horn Book (starred review) Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the

hands of a police officer. Khalil was unarmed. Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil's name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does—or does not—say could upend her community. It could also endanger her life. Want more of Garden Heights? Catch Maverick and Seven's story in *Concrete Rose*, Angie Thomas's powerful prequel to *The Hate U Give*.

Based on a Navy SEAL's inspiring graduation speech, this #1 New York Times bestseller of powerful life lessons "should be read by every leader in America" (Wall Street Journal). If you want to change the world, start off by making your bed. On May 17, 2014, Admiral William H. McRaven addressed the graduating class of the University of Texas at Austin on their Commencement day. Taking inspiration from the university's slogan, "What starts here changes the world," he shared the ten principles he learned during Navy Seal training that helped him overcome challenges not only in his training and long Naval career, but also throughout his life; and he explained how anyone can use these basic lessons to change themselves-and the world-for the better. Admiral McRaven's original speech went viral with over 10 million views. Building on the core tenets laid out in his speech, McRaven now recounts tales from his own life and from those of people he encountered during his military service who dealt with hardship and made tough decisions with determination, compassion, honor, and courage. Told with great humility and optimism, this timeless book provides simple wisdom, practical advice, and words of encouragement that will inspire readers to achieve more, even in life's darkest moments. "Powerful." --USA Today "Full of captivating personal anecdotes from inside the national security vault." --Washington Post "Superb, smart, and succinct." --Forbes

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